

About the Study

SJOG's Modern Slavery Services provide accommodation and outreach support to 1,300 survivors in the UK every month. Between October 2021 and May 2022, a research study on Trauma-Informed Care (TIC) was conducted.

Establishing an **EVIDENCE-BASED TRAUMA-INFORMED CARE PATHWAY** for Survivors of Modern Slavery

Aims

Understand how the needs of survivors are related to their traumatic experiences.

Implement a model of intervention based on TIC practice.

Methodology

Articulation between TIC theory and SJOG delivery/ Modern Slavery Victim Care and Coordination Contract (MSVCC).

Two interviews with survivors from Olallo House (London).

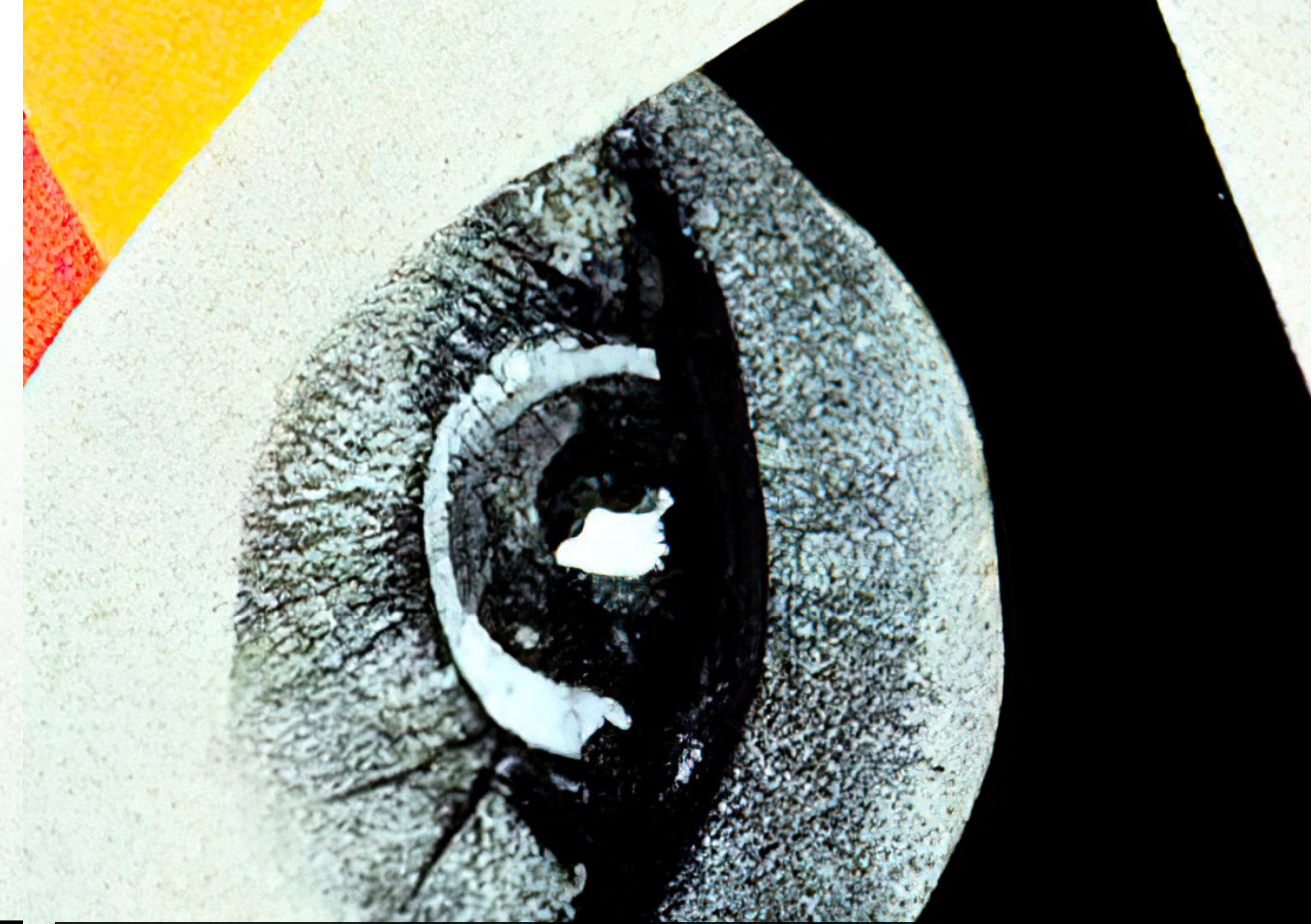
Anonymous survey: 'Knowledge, Attitudes, and Practices of Trauma-Informed Practice' for SJOG practitioners.

Results

SJOG delivery aligns with most TIC principles.

Survivors revealed feeling distressed and helpless.

Services would benefit from trauma training and well-being practices.



Trauma

Trauma – experiences that have long lasting impacts on mental, physical, emotional and/or social wellbeing of an individual (SAMHSA, 2014)

TRAUMA-INFORMED CARE (TIC)

Is a system development model that addresses exposure to trauma. TIC practices...

- Realise** impact of trauma,
- Recognise** signs and symptoms,
- Respond** with knowledge and policies and **Resist** retraumatisation.

DEVELOPMENT OF AN EVIDENCE-BASED TIC PATHWAY:

By applying these findings to the 10 implementation domains of TIC developed by the Substance Abuse and Mental Health Administration (SAMSHA), the study identified service resources and improvements needed.



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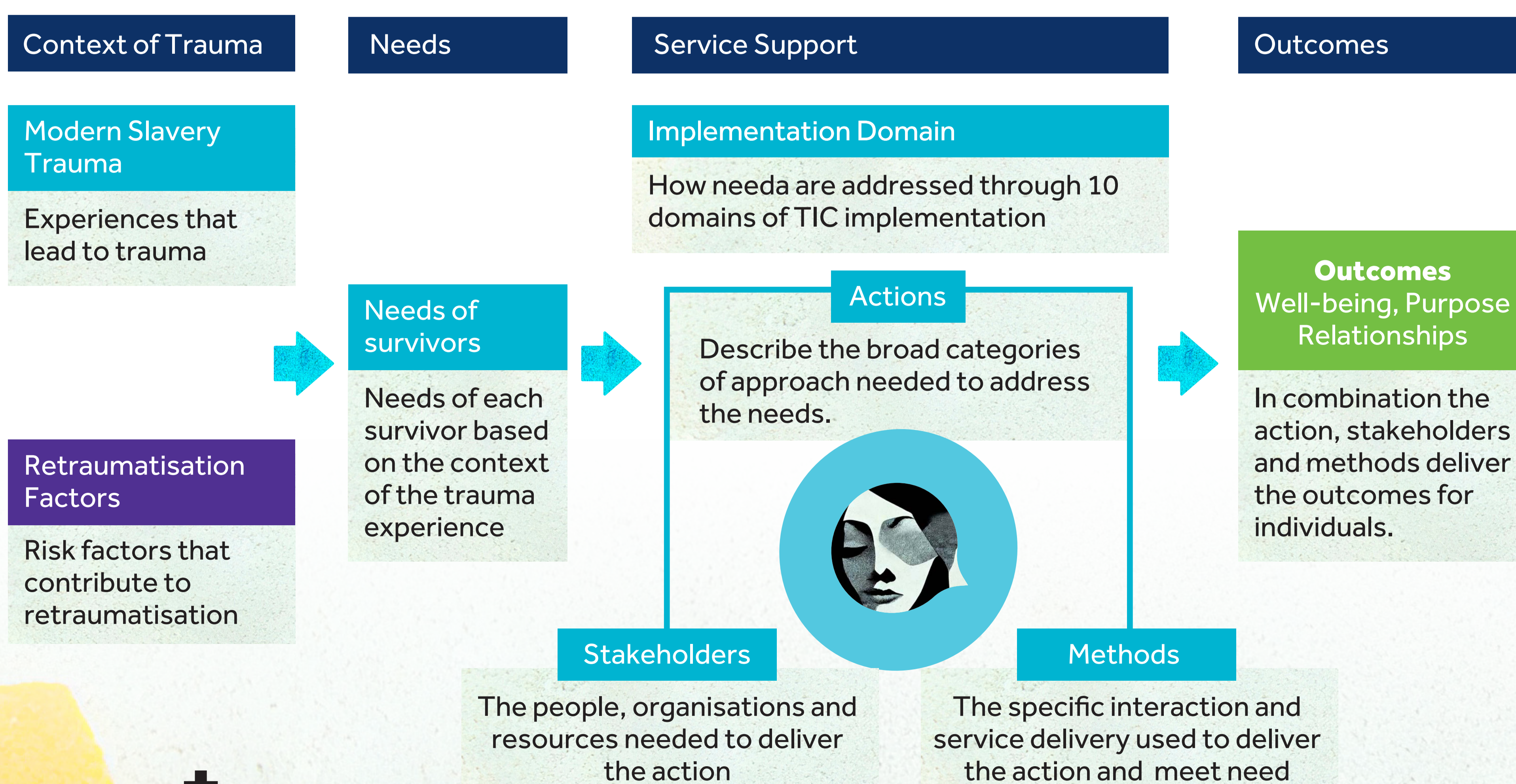
TRAUMA EXPERIENCE BEFORE / DURING MDS

- Displacement
- Poverty
- Violence
- Exploitation
- No access to education
- No access to education /opportunities

RETRAUMATISATION FACTORS

- Social and cultural inequalities
- Lack of right to work
- Poor mental and physical health

A Trauma-Informed Care Pathway has been developed. An existing Positive Behaviour Support (PBS) will be integrated.



TRANSFORMING NEEDS INTO ACTIONS

- Trauma training and intervention
- Policies updates
- Move-on plan
- Housing management
- Employment and education
- Hobbies and leisure activities
- Local peer support
- Immigration advice

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